


HOCKEY
NEW ZEALAND
SMALL STICKS GAME

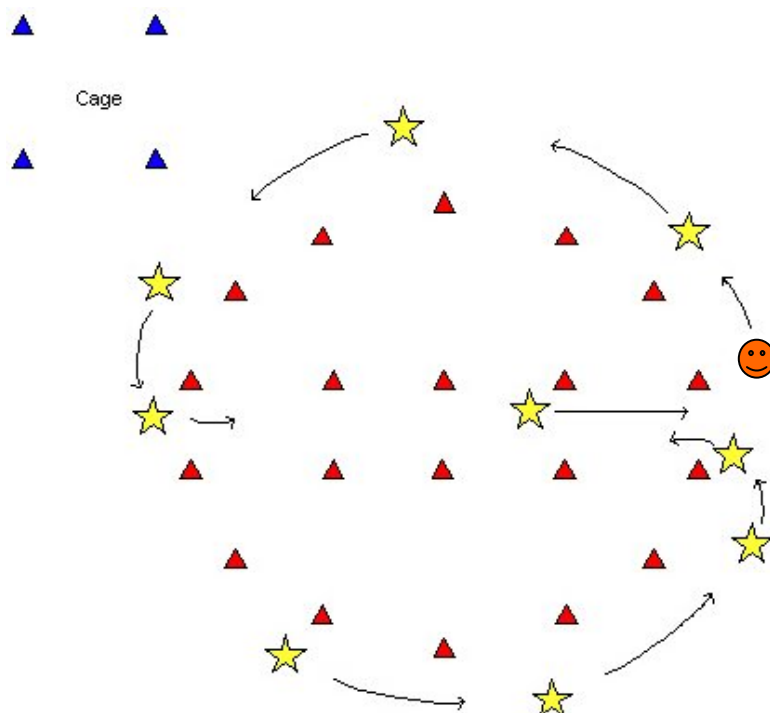
Title: Fox and Rabbits

Aim: To dribble at pace using vision

Equipment Needed:

- Cones
- 1 x hockey stick each
- 1 x hockey ball each

Set Up:



Description:

- Make a circle with 2 entrances
- One player is the fox (face)
- All players must move in an anti clockwise direction around the circle dribbling their ball
- All players can pass through the circle and be safe – the fox can only go around the out side of the circle
- The fox must tackle the rabbits and once tackled, the rabbits go and stand in the cage
- Give the fox one minute to catch as many rabbits as they can
- The winner is the fox who catches the most rabbits in a minute

Variations:

- Have two foxes