



Player Welfare Ruling

The Hockey New Zealand Board has adopted a new player welfare ruling with respect to the number of national tournaments a player can compete in. The rationale for this ruling is to:

- Minimise the risks of player burnout and injury
- Reduce the costs borne by players and parents by participating in multiple tournaments
- Create more selection opportunities for more players
- The introduction of U18 and U21 national programmes

It was also agreed that this should be supported with education disseminated by Hockey New Zealand for delivery by the regions to all - players, parents, coaches and associations.

The ruling agreed will read:

Any tournaments or matches conducted must be properly regulated to ensure that the health and welfare of young players is considered at all times. In this respect a player can choose to play in only two National Tournaments conducted by Hockey New Zealand in a calendar year. The list of National Tournaments is as below:

- **NHL**
- **National Senior Tournament**
- **Under 21**
- **Under 18 National Tournament**
- **Under 18 Open Tournament**
- **Under 15 Premier Tournament**
- **Under 15 Championship Tournament**
- **Hatch Cup**
- **Collier Trophy**

We are pleased to acknowledge the support of:



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