



**Umpires' Theory Exam
Paper Three**

Version 2008

Time allowed: Two hours plus ten minutes reading time.

Section One. One mark per question.

- Q1.** To signal a penalty corner:
- (A) Blow whistle and point to ten metre mark.
 - (B) Blow whistle and point both arms towards the goal line.
 - (C) Blow whistle and point both arms horizontally towards the goal.
- Q2.** To signal a free hit progressed up ten metres:
- (A) Raise one arm vertically with fist clenched.
 - (B) Raise both arms with ten fingers extended.
 - (C) Blow whistle and indicate new position for the hit.
- Q3.** To signal a hit in:
- (A) Point in the direction of hit in, point downwards with other arm.
 - (B) Blow whistle.
 - (C) Point in the direction of hit in with one arm.
- Q4.** The duration of play (unless otherwise agreed) shall be:
- (A) Two spells of different lengths but totalling 70 minutes.
 - (B) Two spells of thirty minutes each.
 - (C) Two spells of thirty five minutes each.
- Q5.** Nominated substitutes, not on the field, may be temporarily suspended by the umpire:
- (A) Yes.
 - (B) No.
 - (C) Only if they encroach on the field of play.
- Q6.** Captains are responsible for:
- (A) Their own conduct only
 - (B) The conduct of all players, including substitutes.
 - (C) The conduct of all players, including substitutes and the team Coach.
- Q7.** The game will be restarted by a bully after:
- (A) A substitution.
 - (B) The ball hits a corner flag.
 - (C) Play is stopped by the umpire but there has been no infringement.
- Q8.** What **must** a goalkeeper wear?
- (A) Pads and helmet.
 - (B) Helmet.
 - (C) Gloves and helmet.
- Q9.** Can a goalkeeper wear a shirt of the same colour as their opponents?
- (A) Yes.
 - (B) No.
 - (C) Only if they wear a chest protector over it.

- Q10.** The handle of the stick may be:
(A) Wood.
(B) Wood or metal.
(C) Any material except metal.
- Q11.** Are goalkeepers allowed to kick the ball when not carrying their stick?
(A) Yes.
(B) No.
(C) Only inside their circle.
- Q12.** A centre pass can be legally played:
(A) Only forward.
(B) Only backward.
(C) In any direction.
- Q13.** Hockey may be played using:
(A) Only a white ball.
(B) Only a white or yellow ball.
(C) Any coloured ball if agreed.
- Q14.** The ball is out when:
(A) It is wholly over the sideline.
(B) It is wholly on the sideline.
(C) It is more than halfway over the sideline.
- Q15.** Umpires require players to remove wrist watches.
(A) True
(B) False
(C) Only if they glisten in the sun.
- Q16.** Umpires must blow the whistle to:
(A) Award a goal
(B) Award a push in.
(C) Award a 14.63 metre hit.
- Q17.** During a penalty corner the ball becomes lodged in the goalkeeper's pads. What is the correct decision?
(A) Award a 14.63 metre free hit to the defence
(B) Award a Penalty Corner
(C) Bully to be taken 14.63m from the back line
- Q18.** A Red team player plays the ball that hits a Blue team player, who could not avoid the ball, in the knee. The umpire should award:
(A) A penalty to the Red team.
(B) A penalty to the Blue team.
(C) A bully.

- Q19.** A long clearing hit rolls into the circle well in advance of the attacking forwards. The goalkeeper kicks the ball two metres off the ground over the sideline. The umpire should:
- (A) Continue with a hit in.
 - (B) Award a penalty corner
 - (C) Award a penalty stroke.
- Q20.** Players suggest, persistently and loudly, that the umpire is wrong whenever their team is penalised. The umpire should:
- (A) Change the decision.
 - (B) Ignore the players.
 - (C) Move the free hit up ten metres and/or award the appropriate card.

Section Two. Two marks per question.

- Q21.** Umpires are responsible for:
- (A) Keeping a written record of the goals scored.
 - (B) Ensuring a ball is provided for the game.
 - (C) Putting the flags onto the ground.
- Q22.** A defender, inside the twenty three metre area but outside the circle, and clear of other players, attempts to stop the ball. Only partially successful the ball rolls onto the defender's foot. The umpire should:
- (A) Take no action.
 - (B) Award a penalty corner.
 - (C) Award a free hit to the attackers.
- Q23.** The same situation as in Q22 but when the defender only partially traps the ball it rolls over the defender's stick and hits the back of the stick. The umpire should:
- (A) Take no action.
 - (B) Award a penalty corner.
 - (C) Award a free hit to the attackers.
- Q24.** A free hit has been awarded to the attackers outside the twenty three metre area. A defender, also outside the twenty three metre area, picks up the ball and throws it high over the head of the attacker waiting on the spot to take the free hit. The ball lands behind the attacker. The umpire should:
- (A) Allow the hit to be taken where the original breach occurred.
 - (B) Award a penalty corner.
 - (C) Move the free hit up ten metres and caution the defender.
- Q25.** A free hit has been awarded and the ball is on the spot. A defender stands two metres away facing the goal being defended, marshalling the defence. An attacker takes the free hit and plays the ball to an attacker inside the circle. The umpire should:
- (A) Replay the free hit requiring the defender to be five metres away.
 - (B) Replay the free hit and award a green card to the defender.
 - (C) Let play proceed.

- Q26.** At a penalty corner the striker at the top of the circle, hits the ball from two metres outside the circle at the goal. The rebound from the goalkeeper's pads is hit by another attacker, inside the circle, along the ground into the goal. The umpire should:
- (A) Award a free hit to the defenders.
 - (B) Replay the penalty corner.
 - (C) Award a goal.
- Q27.** At a penalty corner the striker at the top of the circle, passes the ball, to another attacker six metres outside the circle. This attacker hits the ball at the goal where the original striker has moved into a position in the goal mouth. The striker deflects the ball into the goal at waist height. The umpire should:
- (A) Award a free hit to the defenders.
 - (B) Replay the penalty corner.
 - (C) Award a goal.
- Q28.** After the penalty corner drag out, the goalkeeper lays down across the goal mouth. The ball travels outside the circle, is passed to an attacker inside the circle who hits at the goal. The ball strikes the prone goalkeeper and deflects into the top of the goal. The umpire should:
- (A) Award a goal.
 - (B) Replay the penalty corner.
 - (C) Award a free hit to the defenders.
- Q29.** At a penalty corner a defender standing in front of the post stops a shot at goal and deliberately hits the ball over the back line outside the post. The umpire should:
- (A) Award the attacking team a hit on the sideline.
 - (B) Award a penalty corner.
 - (C) Award a penalty stroke.
- Q30.** Same situation as Q29 except the defender hits the ball into the goal. The umpire should:
- (A) Award the attacking team a hit on the sideline.
 - (B) Award a penalty corner.
 - (C) Award a goal.
- Q31.** A push by the attacker at a penalty stroke goes outside the post. The game restarts with:
- (A) A 14.63 metre hit to the defenders opposite the spot where the ball crossed the back line.
 - (B) A free hit to the defenders that can be taken anywhere in the circle.
 - (C) A hit or push to the defenders that must be taken 14.63 metres straight in front of the centre of the goal.
- Q32.** At a penalty stroke the attacker pushes the ball at the goal but the goalkeeper had dived to the left before the ball was moved from the spot and saved the shot. The umpire should:
- (A) Award a goal.
 - (B) Replay the penalty stroke and warn the goalkeeper
 - (C) Award a 14.63 metre hit to the defenders.

- Q33.** At a Penalty Stroke the goalkeeper dives after the ball is played and stops it entering the goal. The umpire should:
- (A) Award a goal.
 - (B) Replay the penalty stroke and warn the goalkeeper
 - (C) Award a 14.63 metre hit to defenders.
- Q34.** When a penalty stroke is awarded the goalkeeper leaves the goal and walks out to the corner flag. What may the umpire do if the goalkeeper refuses to return to the goal when requested?
- (A) Take no action.
 - (B) Award the appropriate card.
 - (C) Commence the stroke without the goalkeeper in the goal.
- Q35.** At a penalty stroke the goalkeeper catches the ball before it crosses the goal line and throws it to a team mate at the twenty three. The wing runs down the field dribbling the ball. The umpire should:
- (A) Award a goal.
 - (B) Award a free hit against the wing.
 - (C) Award a hit to the defenders 14.63 metres in front of the centre of the goal.
- Q36.** Before the umpire blows the whistle for the stroke to commence the attacker pushes the ball past the goalkeeper, who was ready, into the goal. The umpire should:
- (A) Award a goal.
 - (B) Award a free hit to defenders.
 - (C) Replay the penalty stroke.
- Q37.** A bad tackle in the 23 metre area is penalised with a penalty corner. During the playing of the penalty corner exactly the same breach is made in the circle by another defender depriving the attacker of the ball. The umpire should:
- (A) Award another penalty corner.
 - (B) Award another penalty corner and a green card.
 - (C) Award a penalty stroke.
- Q38.** The push at a penalty stroke strikes the goalkeeper on the helmet, is deflected up on to the underside of the cross bar and falls into the goal. The umpire should:
- (A) Award a goal.
 - (B) Replay the stroke.
 - (C) Award a free hit to the defenders.
- Q39.** The penalty stroke is taken correctly and a goal is scored. As the umpire turns it is noted that two attackers stood five metres inside the twenty three metre area in the centre of the field during the taking of the stroke. The umpire should:
- (A) Award a goal.
 - (B) Replay the penalty stroke.
 - (C) Award a free hit to the defenders.

- Q40.** The umpire has blown the whistle for the penalty stroke to commence. The attacker takes a pace and moves the stick to the ball but does not move the ball from the spot for an unacceptable length of time. The goalkeeper moves to the right and the attacker then pushes the ball into the left hand side of the goal. The umpire should:
- (A) Award a goal.
 - (B) Replay the penalty stroke.
 - (C) Award a free hit to the defenders.

Section Three. Eight marks per question.

- Q41.** A deliberate bad tackle is made by a defender inside the 23 metre area. Describe the options available to the umpire.
- Q42.** An attacker scoops the ball safely from the halfway mark. The ball drops into the circle where the goalkeeper is the only player in the circle. The goalkeeper, aware that attackers are entering the circle, kicks the ball before it lands. The ball passes the oncoming attackers at head height causing them to take evasive action. What decision should the umpire make and why?
- Q43.** A similar situation except the ball is landing outside the circle and the goalkeeper runs outside the circle to beat the attackers to the ball. The goalkeeper kicks the ball, along the ground over the sideline.
- Q44.** An attacker is two metres outside the circle with the ball. A defender is also outside the circle between the attacker and the goal. To beat the defender the attacker lifts the ball at knee height. What decision should the umpire make and why if the following occurs:
- (A) The lifted ball passes to the side of the defender without danger and lands in the circle where the attacker hits the ball into the goal.
 - (B) The lifted ball hits the defender who doesn't have time to avoid the ball.
 - (C) The lifted ball would have passed safely to the left of the defender except the defender takes a pace back into the circle, misses an attempt to trap the ball with the stick and the ball deflects off the foot over the back line.
 - (D) The lifted ball passes the defender safely and lands in the circle. As the attacker is about to shot for goal he is tripped by another defender inside the circle.
- Q45.** A raised shot in field play is made at the goal. The goalkeeper dives and with the flat side of the stick above the shoulder deflects the ball into an open space in the circle. The goalkeeper follows up and while the ball is still in the air above shoulder height hits the ball with the flat of the stick over the back line depriving the attackers of a chance to play the ball. Has any offence taken place? If an offence has taken place describe the offence and indicate what penalty should be awarded.

ANSWERS

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|---------------|---------------|---------------|
| Q1. C | Q2. A | Q3. C |
| Q4. C | Q5. A | Q6. B |
| Q7. C | Q8. B | Q9. B |
| Q10. C | Q11. B | Q12. C |
| Q13. C | Q14. A | Q15. B |
| Q16. A | Q17. B | Q18. B |
| Q19. A | Q20. C | Q21. A |
| Q22. A | Q23. A | Q24. C |
| Q25. C | Q26. C | Q27. C |
| Q28. A | Q29. B | Q30. C |
| Q31. C | Q32. B | Q33. C |
| Q34. B | Q35. C | Q36. B |
| Q37. C | Q38. A | Q39. B |

Q40. C

Q41. Award a penalty corner, or play advantage. Consider a card. Green would probably be appropriate for the first breach.

Q42. Penalty corner as the goal keeper has made it dangerous

Q43. Penalty corner. A card would usually be justified.

Q44.

- (A) Goal. A good skill
- (B) Free hit to defenders. Danger
- (C) Penalty corner.
- (D) Penalty stroke.

Q45. A breach has occurred when the goalkeeper plays the second time. When the goalkeeper **deflects** the ball the first time it is OK, however the second time the goalkeeper **hits** the ball a breach occurs a penalty stroke should be awarded.