



**Umpires' Theory Exam  
Paper Four**

*Version 2008*

**Time allowed:** Two hours plus ten minutes reading time.

**Section One. One mark per question.**

- Q1.** To signal a Penalty Stroke the umpire:  
(A) Stands in line with the decision and points away from the nearer goal.  
(B) Points in the direction of the goal with one arm and at the penalty stroke with the other arm.  
(C) Points one arm at the penalty stroke spot and the other arm straight up in the air.
- Q2.** To signal a goal the umpire blows the whistle and:  
(A) Points one arm in the air.  
(B) Turns and points both arms towards the half way line  
(C) Points both arms at the goal
- Q3.** Substitution of a player may take place:  
(A) Only when a goal is scored.  
(B) Only at a stoppage.  
(C) Anytime except at a penalty corner.
- Q4.** Is an attacker permitted to stand intentionally in the opposition goal mouth?  
(A) No.  
(B) Yes.  
(C) Only if defenders are not impeded.
- Q5.** Nominated substitutes, not on the field, may be suspended temporarily by the umpire.  
(A). Yes.  
(B). Only if they encroach on the field.  
(C). No
- Q6.** Umpires are required to blow the whistle when:  
(A) The ball leaves the field of play.  
(B) A defender is about to take a hit in.  
(C) A penalty stroke is to be started.
- Q7.** Goalkeepers must:  
(A) Wear goal keeping gloves.  
(B) Wear goal keeping pads.  
(C) Wear a helmet.
- Q8.** The captains are responsible for:  
(A) Filling in the card.  
(B) Supplying the ball.  
(C) The behaviour of all their team players including substitutes.
- Q9.** Players may lift their stick over an opponent's head:  
(A) Yes.  
(B) No.  
(C) Only between the 23's.

- Q10.** Players are permitted to intentionally raise the ball from a hit:  
(A) Only at a shot at goal.  
(B) Yes.  
(C) No.
- Q11.** Goalkeepers are allowed to lie on the ball:  
(A) No.  
(B) Inside their circle when not obstructing.  
(C) Inside their 23 when not obstructing.
- Q12.** A penalty stroke may not be:  
(A) Pushed.  
(B) Hit.  
(C) Scooped.
- Q13.** Hockey may be played using a:  
(A) A ball of any colour  
(B) A white ball only.  
(C) A baseball.
- Q14.** The head of a hockey stick may be made of:  
(A) Metal.  
(B) Wood  
(C) Metal as long as it is covered by tape or resin.
- Q15.** A helmet  
(A) Must be worn by the goalkeeper.  
(B) May be worn by the goalkeeper.  
(C) Doesn't have to be worn by a substitute goalkeeper.
- Q16.** At a centre pass how many opposing players are permitted to be within five metres of the ball?  
(A) None.  
(B) One.  
(C) Two.
- Q17.** A bully can be played:  
(A) Anywhere in the field.  
(B) No closer than five metres from the back line.  
(C) No closer than 14.63 metres from the back line.
- Q18.** Can a goal be scored by an attacker who is standing outside the circle?  
(A) Only if they have one foot inside the circle  
(B) Only if the ball is outside the circle line  
(C) Yes provided the ball is in the circle.

- Q19.** A long clearing hit rolls into the circle well in advance of the attacking forwards. The goalkeeper lifts the ball twenty centimetres off the ground with the stick and hits it high over the sideline. The umpire should:
- (A) Award a hit in to the attackers
  - (B) Award a penalty corner.
  - (C) Award a penalty stroke.
- Q20.** A penalty corner may be played again if:
- (A) The ball does not go outside the circle.
  - (B) Attackers cross the circle line before the hit is taken.
  - (C) Defenders cross the back line before the hit is taken.

**Section Two. Two marks per question.**

- Q21.** A defender, just inside the twenty three metre line, attempts to trap a long clearing hit with the stick. The ball spins off the stick and touches the defender's foot. The nearest attacker is 10 metres away. The umpire should.
- (A) Award a penalty corner.
  - (B) Award a free hit to the attackers.
  - (C) Play on.
- Q22.** At a penalty corner the hitter out has both feet in the field of play. The umpire should award:
- (A) Award a free hit to the defenders.
  - (B) Award a goal.
  - (C) Replay the penalty corner.
- Q23.** A goalkeeper rushes out to meet a lone attacker, dives intentionally full length at the attacker and plays the ball outside the circle with their glove. Should the umpire award:
- (A) A penalty corner.
  - (B) A free hit to the attackers.
  - (C) A bully at the top of the circle.
- Q24.** A push along the ground at the goal is cleared by the goalkeeper kicking the ball one metre in the air close to attacking forwards near the penalty stroke spot. The umpire should:
- (A) Play on.
  - (B) Award a penalty corner.
  - (C) Award a penalty stroke.
- Q25.** The attackers have been awarded a free hit inside the twenty three metre area. Before they can take the hit a passing defender hits the ball over the side line. The umpire should:
- (A) Move the free hit up ten metres and award the appropriate card.
  - (B) Play the hit from the original spot but award the appropriate card.
  - (C) Award a penalty corner and the appropriate card.

- Q26.** Same situation as above except the hit is just outside the twenty three metre area. The umpire should:
- (A). Move the free hit up ten metres and award the appropriate card.
  - (B). Play the hit from the original spot and award the appropriate card.
  - (C). Award a penalty corner and the appropriate card.
- Q27.** At an attacking hit eight metres outside the circle, the ball travels into the circle half a metre off the ground. A defender, trying to trap the ball is struck on the knee. The ball falls to an attacker who hits it into the goal. The umpire should award:
- (A). A goal.
  - (B). A penalty corner.
  - (C). A free hit to the defenders.
- Q28.** At a penalty corner after the hit out the goalkeeper lays down in front of the goal line. The ball comes to rest inside the circle and is hit by an attacker along the ground at the goal. The ball strikes the prone goalkeeper and stays in play. The umpire should:
- (A). Award a free hit to the defence.
  - (B). Award a goal.
  - (C). Play on.
- Q29.** At a penalty corner the ball is hit out to an attacker standing six metres outside the circle. This attacker deflects it to another attacker inside the circle who pushes it into the goal. The umpire should:
- (A). Require the penalty corner to be retaken.
  - (B). Award a free hit to the defence.
  - (C). Award a goal.
- Q30.** The goalkeeper has been suspended. A field player, nominated as goalkeeper and wearing a helmet but no pads, stops a shot at goal inside the circle and then kicks the ball away. The umpire should:
- (A) Allow play to continue.
  - (B) Award a penalty corner.
  - (C) Award a penalty stroke.
- Q31.** A free hit is awarded to team A on the centre pass spot. A member of team A, in an effort to get the ball away quickly strikes the still moving ball to a team mate on the twenty three metre mark. The umpire should:
- (A) Play on.
  - (B) Reverse the hit.
  - (C) Replay the hit.
- Q32.** At a penalty corner the first hit at goal, along the ground, is deflected by a defender running out, into the top of the goal. The umpire should:
- (A) Award a goal.
  - (B) Award another penalty corner.
  - (C) Award a free hit to the defence.

- Q33.** At a penalty stroke the attacker stands with one foot in front of the ball and one foot behind the ball. When the whistle is blown he takes the stroke without moving either foot, pushing the ball into the goal. The umpire should:
- (A) Award a goal.
  - (B) Replay the stroke.
  - (C) Award the defenders a hit at the top of the circle.
- Q34.** At a penalty stroke the attacker, after seeing the goalkeeper is ready, pushes the ball into the goal before the whistle is blown. The umpire should:
- (A) Award a goal.
  - (B) Replay the stroke.
  - (C) Award the defenders a hit at the top of the circle.
- Q35.** How does an umpire determine when a goal is scored?
- (A) When the ball hits the back board.
  - (B) When the ball is wholly on the goal line.
  - (C) When the ball inside the circle, was hit or deflected by an attacker and has wholly crossed the goal line
- Q36.** A ball raised over the goalkeeper lying prone in the circle:
- (A) Is not allowed.
  - (B) Is allowed.
  - (C) Is only allowed in the goalmouth.
- Q37.** A bad tackle in the twenty three metre area is penalised with a penalty corner. During the playing of the penalty corner exactly the same breach is made by another defender, dispossessing an attacker inside the circle. The umpire should award:
- (A) A penalty corner.
  - (B) A penalty corner and the appropriate card.
  - (C) A penalty stroke.
- Q38.** At a penalty stroke time is suspended from:
- (A) The time the attacker plays the ball until a goal is scored or a save made.
  - (B) The time the umpire awards the stroke until a goal is scored or a save made.
  - (C) The time the umpire awards the stroke until the umpire blows the whistle for the restart.
- Q39.** The umpire blows the whistle for the commencement of a penalty stroke. The attacker hits the ball past the goalkeeper into the goal. The umpire should:
- (A) Require the penalty stroke to be replayed.
  - (B) Award a goal.
  - (C) Award a free hit to the defending team.

- Q40.** The umpire has blown the whistle for the penalty stroke to commence and the attacker immediately takes a step and moves the stick to the ball but does not immediately move the ball from the spot. The goalkeeper, during the pause, moves to the right and the attacker then pushes the ball into the goal. The umpire should:
- (A) Award a goal
  - (B) Replay the penalty stroke.
  - (C) Award a free hit to the defenders.

**Section Three. Four marks per question.**

- Q41.** Give your decisions with reasons, if the following happens at a penalty corner.
- (A) After the hit out the ball is glanced by an attacker just outside the circle to an attacker inside the circle who hits the ball along the ground into the goal.
  - (B) After the hit out the ball goes outside the circle and the attackers hit at goal from inside the circle is deflected at waist height by the goalkeeper's glove down onto the back board.
- Q42.** When a player, other than the goalkeeper, stops the ball with the body what must the umpire take into consideration before issuing a penalty?
- Q43.** At a penalty stroke the ball catches in the goalkeeper's pads and then the goalkeeper steps back inside the goal. How and where is the game restarted and why?
- Q44.** Team A is one goal up with one minute to play. A defender in team A deliberately plays the ball from outside the twenty three metre area over the goal line they are defending. The ball goes some distance from the field. What actions should the umpire take and what should be awarded?
- Q45.** Team A is one goal up with one minute to play. A defender in team A is awarded a free hit and takes it very quickly fifteen metres from the correct spot and hits the ball the length of the field. What actions should the umpire take and what should be awarded?
- Q46.** An attacker's sideline hit rises about 150mm as it travels into the circle. It passes through a gap, about three metres wide between defenders, to a lone attacker who flicks it hard over the diving goalkeeper towards an open space in the goal mouth, a defender, running across the goal mouth misses the ball with the stick and is struck on the body deflecting the ball outside the goal. What should the umpire consider during this course of events and what decision should the umpire make?

- Q47.** State what action you would take (if any) and why in the following cases:
- (A) An attacker has possession of the ball and is approaching a stationary defender. The attacker passes the ball to the right of the defender and knocks them over while attempting to run round the defender to collect the ball. Because of this collision the attacker loses any chance of regaining the ball which rolls out of play.
  - (B) The ball, within one metre of the back line is rolling quickly towards the back line and is being chased by an attacker who is ten metres behind the ball. Just before the ball crosses the back line a defender runs across between the attacker and the back line.
- Q48.** A forward is two metres from the circle with the ball under control. A defender is standing outside the circle. To beat the defender the attacker lifts the ball at knee height. Give the umpire's decision and reasons if the following happens:
- (A) The lifted ball passes to the side of the defender without danger and lands in the circle where the attacker controls the ball and hits it in the goal.
  - (B) The lifted ball strikes the defender who does not have time to get out of the way. In retaliation the defender punches the attacker.
- Q49.** There is a lengthy stoppage to attend an injured player. In what three ways may the umpire restart the game?
- Q50.** A sweeping tackle is made with the back of the stick; the tackler manages to make contact with the ball before striking the opponent's stick. What should the umpire rule if the tackle is made by a defender:
- (A) Between the twenty three metre lines.
  - (B) Inside the twenty three metre area but outside the circle.
  - (C) Inside the circle.

**ANSWERS**

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|---------------|---------------|---------------|
| <b>Q1.</b> C  | <b>Q2.</b> B  | <b>Q3.</b> C  |
| <b>Q4.</b> A  | <b>Q5.</b> A  | <b>Q6.</b> C  |
| <b>Q7.</b> C  | <b>Q8.</b> C  | <b>Q9.</b> B  |
| <b>Q10.</b> A | <b>Q11.</b> B | <b>Q12.</b> B |
| <b>Q13.</b> A | <b>Q14.</b> B | <b>Q15.</b> A |
| <b>Q16.</b> A | <b>Q17.</b> C | <b>Q18.</b> C |
| <b>Q19.</b> A | <b>Q20.</b> C | <b>Q21.</b> C |
| <b>Q22.</b> A | <b>Q23.</b> A | <b>Q24.</b> B |
| <b>Q25.</b> C | <b>Q26.</b> A | <b>Q27.</b> A |
| <b>Q28.</b> C | <b>Q29.</b> C | <b>Q30.</b> A |
| <b>Q31.</b> B | <b>Q32.</b> A | <b>Q33.</b> C |
| <b>Q34.</b> C | <b>Q35.</b> C | <b>Q36.</b> B |
| <b>Q37.</b> C | <b>Q38.</b> C | <b>Q39.</b> C |

**Q40.** C

**Q41.**

- (A) Award a goal. The ball has travelled outside circle.
- (B) Free hit to defenders. First shot (hit) at goal is too high.

**Q42.** Before penalising a player for this breach the umpire should be sure that the player intentionally breached. In judging whether the stop is deliberate the umpire should consider:

- (A) Did the player move into the path of the ball?
- (B) Did the player position himself with the clear intention of stopping the ball with the foot or body?
- (C) Did the player have time to avoid being hit and if so did the player make an effort to avoid being hit?

(D) Did the player gain from his actions?

Note that there is nothing to stop players using their hands to protect themselves from dangerously lifted balls.

## ANSWERS

- Q43.** Restart with a push/hit to the defenders 14.63 metres out from the centre of the goal line. The ball is dead as soon as it lodges in the goalkeeper's pads and a successful save has been made. Anything that happens after this is irrelevant as far as the stroke is concerned.
- Q44.** The penalty for deliberate over their back line by a defender is a penalty corner. Time should be stopped to retrieve the ball
- Q45.** Time should be stopped and the free hit reversed. The appropriate card should be issued.
- Q46.** Penalty stroke. The slight lift from the corner is not dangerous so is not a breach even though the ball passes into the circle. The push at goal is also not dangerous as it is "into an open space". The defender moves into the path of the ball trying to stop the ball thus an accidental breach preventing a goal.
- Q47.**
- (A) Free hit to defender for the attacker knocking over the defender
  - (B) There is no obstruction here as the attacker was not going to reach the ball before it crossed the back line therefore had not been "obstructed from attempting to play the ball". The umpire would therefore award a 14.63 metre hit.
- Q48.**
- (A) Goal. No breach.
  - (B) There are two breaches here. The ball is lifted into a defender who cannot avoid it therefore the forward is penalised. If the lift into the player was deliberate a card may be issued. The second breach, that is the punch by the defender, should have the defender issued with a yellow or red card.
- Q49.** A bully, the appropriate penalty, or a centre pass if a goal was scored.
- Q50.**
- (A) Free hit against tackler and a green or yellow card.
  - (B) Penalty corner and green or yellow card to tackler.
  - (C) Penalty stroke.